

Beverages

- ☐ Red wine 1.5 cups (360ml)

Condiments & Spices

- ☐ Bay leaves 4 leaves
- ☐ Lime juice 2-3 tbsp

Rice, Cereal & Legumes

- ☐ Navy beans 2 cans (30oz/850g)
- ☐ Pinto beans 4 cans (60oz/2400g)

Canned Goods

- ☐ Chipotle peppers in adobo 4 units
- ☐ Tomato paste 4 tbsp
- ☐ Vegetable broth 4 cups
- ☐ Whole peeled tomatoes 56oz (1600g)

Dairy

- ☐ Shredded vegan cheese or Vegan Queso 1 pack
- ☐ Vegan sour cream or diced avocado 1 unit

Vegetables

- ☐ Jalapenos 4 units
- ☐ Scallions or Cilantro 2 cups (24g)
- ☐ Yellow Onion 2 large