

### **Canned Goods**

- pasta sauce 1
- tomato paste 1 tbsp

### **Dairy**

- ricotta 16 oz
- shredded cheese, mozzarella or Italian blend 8 oz

### **Rice, Cereal & Legumes**

- no boil lasagna noodles

### **Condiments & Spices**

- Salt, pepper, Italian seasonings as you like

### **Meat**

- 1lb ground beef (omit for cheese lasagna)